



# BDMHA U9 Evaluations - Session #2 Battles and Passing

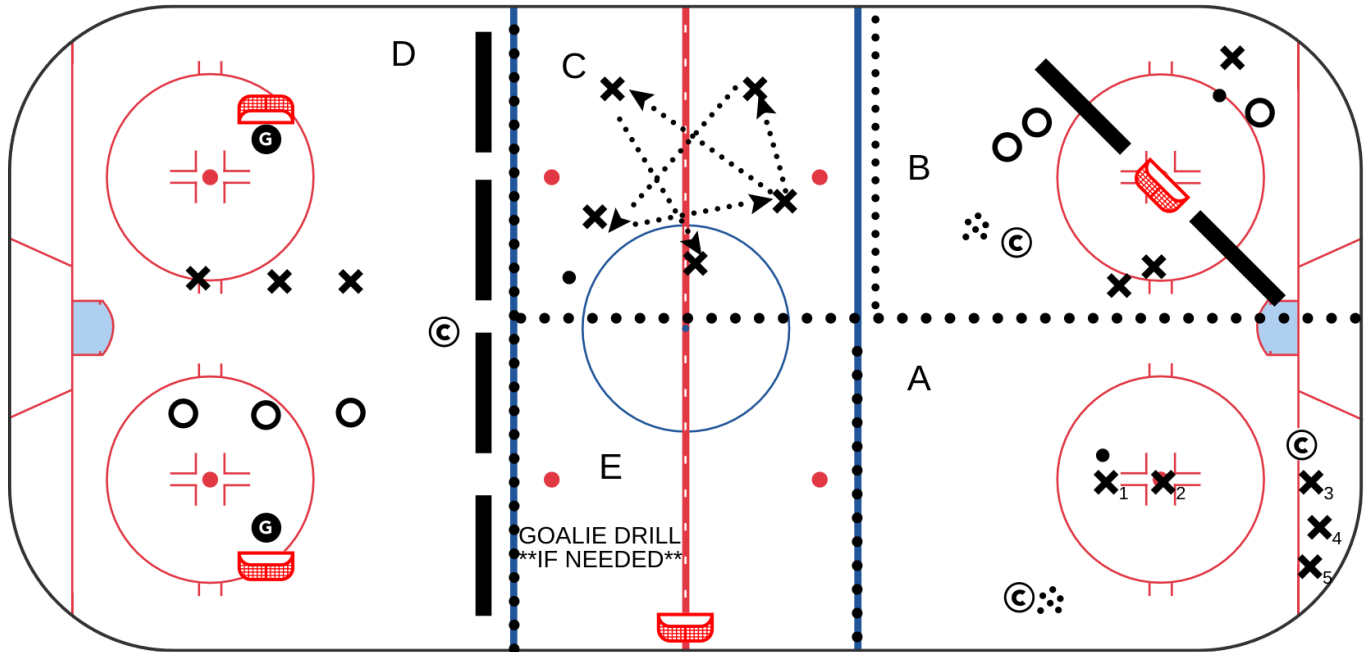
Date: Oct 21 2022

Time: 12:39 pm

Duration: 50 mins

BDMHA U9 Evaluation #2A- Passing and Competition

50 mins



## Description

STATIONS WILL ROTATE EVERY 10-12 mins

- **STATION A - 1v1 PUCK PROTECTION BATTLE (KEEP AWAY)** - Player 1 enters the circle with the puck and protects it for 5-7 seconds from Player 2, staying inside the circle. On the whistle, Player 1 leaves and gets back in line and Player 2 becomes the puck protector. Player 3 now enters the circle and Player 2 must protect the puck from them. Repeat until everyone has gone in line and then mix the line up so players can go against someone different.
- **STATION B - SMALL AREA 1v1 BATTLE** - Players play 1v1 against each other in the small area and try to score as much as they can for 15/20 seconds. Mix the combos up as many times as possible so players can go against different players.
- **STATION C - CIRCLE PASSES SEQUENCE** - Players are all positioned around the circle and perform passing skills. The following passing skills will be worked on: **Stationary passes, Follow your pass, Monkey in the Middle.**
- **STATION D - 2v2 or 3v3 MINI - GAME** - Players play 2v2 or 3v3 (depending on numbers) against each other in the zone in a mini game. Mix the teams up as many times as possible so players can go against different players.
- **\*\*STATION E - GOALIE STATION IF NEEDED\*\***